

Beyond *Facials* by Name

What AI-assisted skin
analysis revealed in our
first 2 months at
AI Aesthetics Jaipur



AI-GUIDED
INSIGHTS



PERSONALISED
TREATMENTS



VISIBLE
CHANGE

*AI-guided skin insights.
Personalised treatments. Visible change.*

5-MODE AI SKIN ANALYSIS



WHITE LIGHT



SURFACE



SUBSURFACE



RED MODE



WOODS UV



INSIDE:
Real Jaipur skin. Real insights.
Real results. →



AI AESTHETICS

BY DR. AAKRITI MEHRA



Most people don't need a facial by name. They need a facial *designed for their skin.*

Over our first 2 months at AI Aesthetics Jaipur, clients often came to us asking for glow, hydration, a clean-up, or a familiar facial they had heard about before. But once their skin was viewed through five different imaging modes, **the real need was often more specific.**



One person's dullness came from **dehydration.**



Another's came from **congestion and visible pores.**



Another needed **barrier support and calming.**



Another needed a **carefully selected combination.**



That is why every facial at **AI Aesthetics** begins by understanding the skin first — and choosing the *treatment second.*

“

*Because the right facial is not simply
the most famous one.*

It is the one your skin actually needs.

”



5-mode
skin analysis



Personalised
treatment selection



Objective after-treatment
reassessment



What we noticed *in our clients' skin*

During Jaipur's summer-to-monsoon transition, the most common opportunities were not always dramatic skin problems. They were often the smaller changes that make skin look less fresh than it could: reduced glow, uneven surface texture, visible pores and signs of barrier stress.



94%

showed **room for improvement in visible glow**

Skin could appear less bright, fresh or evenly radiant than its underlying health suggested.



79%

showed **a less polished or hazier skin surface**

This could make otherwise healthy skin appear duller, rougher or more tired.



75%

showed **noticeable pores or surface-texture concerns**

These were most commonly visible through the central face, nose and inner-cheek areas.



49%

showed **signs of barrier stress or sensitivity**

Dryness, roughness or mild reactivity could reduce skin comfort and affect how smoothly it reflected light.



Combination skin was the most common overall pattern — but what each combination skin needed was **very different**.



SEASONAL INSIGHT

What *Jaipur* skin seemed to *need most* during this season

Heat, perspiration, sun exposure, air-conditioning and the shift towards monsoon humidity can create a confusing skin pattern. Skin may feel oily through the centre, yet still be dehydrated underneath. It may look shiny, but not truly radiant. It may feel reasonably smooth, while specialised imaging reveals congestion, dryness or uneven surface texture.



Glow restoration

Helping tired-looking skin reflect light more evenly.



Hydration support

Improving plumpness and reducing the appearance of fine dehydration texture.



Pore refinement

Cleaning and refining the areas where pores and congestion appeared most visible.



Surface polishing

Reducing the hazy, rough or uneven finish that can make skin look dull.



Barrier calming

Supporting skin that appeared dry, stressed or mildly reactive.



Oil balancing

Reducing excessive central-face shine without stripping areas that already needed hydration.



The important insight was not *that every client needed all six*. It was that *each client needed a different balance of them*.



RESULTS THAT MATTER

What changed after a *personalised* session

The strongest immediate changes were seen in the qualities people usually notice first when they look in the mirror: brightness, smoothness, hydration, pore appearance and overall freshness.



96%

showed clearer, more polished-looking skin

Surface haze reduced and skin appeared smoother and more refined.



96%

showed an improvement in pore or texture appearance

Pores often looked cleaner and less emphasised, particularly through the central face.



94%

looked visibly brighter after treatment

Glow appeared fresher and more evenly distributed rather than simply shiny.



75%

showed improved hydration

Skin appeared plumper, smoother and more comfortable immediately after the session.



More than half
showed better oil balance

Central-face shine often appeared more controlled without leaving the skin looking stripped.



Nearly half

showed calmer, more comfortable-looking skin

Visible dryness, roughness or surface stress reduced after barrier-supportive care.



96% showed improvement across at least *three* skin markers after their personalised session.



These are immediate treatment-day changes seen in the clinic's controlled reassessment. Individual results vary, and some skin concerns require repeated sessions or longer-term care.



Some changes show quickly. Others *need a plan*.

A good reassessment should not claim that every concern disappears after one facial. It should show which aspects of the skin responded immediately — and which ones need continued treatment.

OFTEN VISIBLE IMMEDIATELY



Hydration —

Skin can look plumper, smoother and more comfortable.



Glow —

Light reflects more evenly from a freshly hydrated and refined surface.



Pores and surface texture —

Congestion can look cleaner and pores less emphasised.



Skin polish —

Roughness and surface haze can reduce, creating a fresher finish.



Oil balance —

Excessive shine may become better controlled without over-drying the skin.

USUALLY NEEDS CONTINUED CARE



Pigmentation —

Uneven tone and deeper pigmentation commonly need targeted treatment and consistent sun protection.



Firmness and deeper lines —

Collagen-related change builds gradually and is not expected from a single facial session.



Jawline and structural concerns —

Contour changes generally need dedicated tightening treatments rather than surface care alone.



Persistent acne —

A facial can support cleansing and decongestion, but active or recurring acne often needs a structured plan.



Immediate glow is valuable.
Long-term skin improvement needs direction.



Two clients may both ask for ‘glow’ — and receive *very different treatments*



When someone says their skin looks dull, the cause could be dehydration, congestion, visible pores, uneven surface texture, barrier stress, excessive oil, uneven tone — or a combination of several concerns. That is why a personalised session may draw from different treatment elements rather than follow one fixed facial sequence.

A SESSION MAY INCLUDE



Controlled cleansing and exfoliation

To prepare the skin without stripping it.



HydraFacial or hydradermabrasion steps

To support decongestion, hydration and surface refinement where appropriate.



Targeted extractions

Only in the areas where congestion is actually present.



Customised peel support

Selected according to the concern, skin sensitivity and recent skincare history.



Carbon or Q-switch support

Used where pores, congestion, tanning or uneven surface clarity are priorities and the skin is suitable.



Hydration or active infusion

To replenish moisture and deliver selected support ingredients.



LED support

To help calm the skin or complement the treatment objective.



Cooling and barrier repair

To improve comfort and reduce unnecessary post-treatment stress.



Lymphatic drainage

Where puffiness, fluid retention or a tired facial appearance needs support.



Serum, moisturiser and sun protection

Chosen to complete the session and protect the result.



Personalised does not mean random. It means every step has a reason.

Your scan identifies the priorities. Your treatment is built around them. Your reassessment shows what changed.



Priyadarshini's treatment *did not begin with a facial name* It began with what her skin was showing.

BASELINE - WHITE LIGHT



CURRENT - WHITE LIGHT



WHAT HER SKIN WAS SHOWING

- visible pores through the central face
- surface haze and reduced textural clarity
- room for better hydration and glow
- mild barrier sensitivity
- a few active or congested areas



There was another important consideration: she had recently **used retinol**.

5-MODE EXPRESS INSIGHTS - BASELINE



WHITE LIGHT



SURFACE POLARISED



SUBSURFACE POLARISED



WOODS UV



RED LIGHT



HER PERSONALISED SESSION INCLUDED

- a gentle cleanse and light hydradermabrasion preparation
- a low, non-ablative carbon facial focused mainly on the T-zone and pore-prone areas
- a short, targeted salicylic step used only on active spots and congested areas
- cooling to reduce unnecessary warmth and redness
- a hydration infusion for comfort and plumpness
- lymphatic drainage and red LED support
- barrier-supportive serum, moisturiser and sun protection to finish



WHAT HER REASSESSMENT SHOWED

- ✓ Better oil balance
- ✓ Cleaner-looking pores
- ✓ Improved surface clarity
- ✓ Brighter glow
- ✓ Better hydration

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Improved
Overall Treatment
Response



One concern. Multiple needs. **One treatment built around her skin.**



Priyadarshini Chatterjee — baseline and immediate post-treatment images shown with express permission. Images are presented without cosmetic retouching.



Your skin may not need a more expensive facial. *It may need a more accurate one.*

When skin looks dull, congested or inconsistent, the answer is not always to choose the treatment name you recognise most.

THE RIGHT ANSWER MAY BEGIN WITH:



understanding whether the skin is oily or simply dehydrated



seeing whether dullness comes from dryness, congestion or uneven tone



spotting whether pores need extraction, refinement or gentler barrier care



identifying whether the skin is suitable for a peel, carbon facial or energy-based step



knowing which areas should be treated differently from the rest of the face

At AI Aesthetics Jaipur, the aim is not to place every client into the same facial. It is to **understand what the skin needs** — and create the most appropriate combination around it.



*Because better skin
begins with better
understanding.*



**Don't begin with a facial name.
Begin with your skin.**



A.I. AESTHETICS

BY DR. AAKRITI MEHRA

THE JAIPUR SKIN REPORT

1 August 2026

Discover what *your skin* actually needs

AI-powered insights. Doctor expertise.
Results you can see, feel and trust.

YOUR VISIT CAN INCLUDE



AI-assisted
five-mode
skin analysis



A clear view
of your skin's
current priorities



A treatment
designed around
those findings



Doctor-reviewable
treatment
planning



An objective
after-treatment
reassessment



Book your *AI Skin Analysis*



AI Aesthetics
by Dr. Aakriti Mehra
C-Scheme, Jaipur



Book or learn more
<https://ai-aesthetics.in/jaipur>



We're here to help
8169308873

Dermatologist-created.
AI-guided.
Human-delivered.

This report presents early, aggregated observations from clients assessed during the first 2 months at AI Aesthetics Jaipur. Percentages describe this client group and are intended for consumer education, not medical diagnosis or population-wide conclusions. Immediate results can vary according to skin condition, treatment suitability and the personalised protocol performed.